



# Saints Alive!

For all to know Christ

September 2006



## Rally Day, Sunday School kick off on Sept 10

School bells rang for the children of All Saints in August; this month it's back to Sunday School.

Rally Day and our traditional blessing of the backpacks at worship services on Sun., Sept. 10 will highlight the beginning of another school year for Christian Education programs at All Saints.

Youngsters are urged to bring their backpacks to the worship service they attend with their families that day and receive a blessing. The Sunday School year will kick-off with Rally Day festivities at

9:45 am, between the worship services.

“Our teachers and staff are looking forward to welcoming back all of the young members who attended Sunday School last year and encourage them to invite friends and neighbors to join use each week to learn about God’s word in a joyful and relaxed setting,” said Sunday School Superintendent Trina Garcia



If you have any questions about Sunday School or feel the call to help, please call Trina, 847-359-1638.

### Evangelical Lutheran Worship

## New ELCA hymnal replaces LBW after nearly 30 years

A new hymnal, *Evangelical Lutheran Worship*, will be introduced next month in Evangelical Lutheran Church in America congregations throughout North America including All Saints. It will replace the *Lutheran Book of Worship*, which has been the church’s primary worship resource since 1978.

Members are invited to purchase copies of *Evangelical Lutheran Worship* to be placed in the pews. Order blanks for hymnals are in the Sunday bulletin along with information about requesting a book plate to dedicate the gift in memory of or in honor of a loved one. The last day to order is Sun. Sept. 24; hymnals cost \$20 each.

*Evangelical Lutheran Worship* will replace both the *Lutheran Book of Worship* and *With One Voice* in All Saints’ pews. We need an estimated 400 copies.

Development of the new hymnal was authorized the ELCA Church Council in the fall of 2000, in response to a growing need for a new generation of worship resources. The process was planned to engage the whole church in the evaluation of provisional materials and the finished product reflects responses from thousands of congregations churchwide.

*Evangelical Lutheran Worship* includes a variety of hymns, songs and liturgical settings that will engage communities of faith in every corner of the

(Continued on page 3)

### Faith-sharing Witness

## Everything happens for a reason, even when we don't know why

By Jen DeFranco

When Pastor Petersen first called and asked me to share my story, I was somewhat reluctant. I wasn’t sure I had enough to say and I definitely knew I wouldn’t say anything “profound.” When he called the second time and suggested that I speak on Mother’s Day, my first reaction was: how is that relaxing for me? Isn’t Mother’s Day supposed to be stress-free for me? But the more I thought about it, the more I realized that this would be the perfect day for me to speak about my faith.

I grew up in Southern Illinois and was raised in the Baptist church. As a kid we attended church regularly, until we hit middle school/high school age. Then it seemed that we were simply “too busy” to attend regularly. We were your typical

“Christ-Easter” family, showing up on Christmas and Easter. I did get my fix of religion during those very formative years, however. My best friend’s father was a minister at the Presbyterian church in town, so I found myself at church with her quite a bit.

Then I went off to college, where I found it easy to sleep in on Sunday’s and only attended my friend’s church when I visited home. Mostly so we could spend more time together, as we were at separate colleges.

Once I graduated college and moved to Palatine, I started to attend here at All Saints with Troy occasionally. Troy and I eventually got married in 1997—in the same Baptist church where both my grandparents and parents were married—by my best

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## Holden Evening Prayer

Wed., Sept. 13

7 pm

Prayer ☩ Songs

Holy Communion



## Thanks for your support of the Apple Tree Campaign

Bushels of school supplies and backpacks in which to carry them were collected in July and August as part of our annual "Apple Tree" campaign, reports Diane Johnson, coordinator of the project.

Donations were divided between the Palatine Township "Apple Tree Campaign" and Holy Family Lutheran School, on Chicago's west side, she said.

"Thanks for your generous support of this program; your help will assure that students will start school with all the supplies they need."

## VBS Fiesta was a great success thanks to great volunteer staff—gracias!

By Karen Hansen

Vacation Bible School last month was an amazing Fiesta! The youngsters joined our friends Ray, Rosa, Cody, Spike and Pablo in learning that Jesus is our life, friend, leader, helper and our Savior. They sang songs, went on Hot Bible Adventures, played Grande Games, visited Chadder's theater, made great crafts and in between stopped off for some Maraca Munchies.

They also tied several "Jesus Loves Me" blankets that will be sent to Latin America along with Spanish Bible books for our Operation Kid to Kid.

We couldn't have done this without the help of our volunteers. Gracias! The staff included co-directors: Sandi Bolinger and Karen Hansen.

Teachers, music leaders, helpers: Karrie Benjamin, Kurt Benjamin, Amy Berggren, Lauren Berggren, Becki Bolinger, Katie Bolinger, Robert Falbo, Sue Falbo, Emily Fisk, Robby Fisk, Trina Garcia, Sandy Herweg, Erik Holowicki, Whitney Keck, Jennifer Keller, Kellie Kinsella, K. J. Kinsella, Kim Kuhlman, Pastor Jenn Moland-Kovash, Marlene Miloch, Emily Ohlrich, Katie Ohlrich, Kellie Ohlrich, Anne Marie Peterson, Dan Quinn, Lori Quinn, Eric Shew, Christine Spasoff, Ruth Spasoff, Cammy Speck, Alex Spriggs, Elaine Stearney, Brian Winkelmann and Laura Winkelmann.

## Lives of the Saints

**HATS OFF to Karen Goodlow** who was recently named a board-certified specialist in neurologic physical therapy—one of only 16 in the state. She will be recognized by the American Physical Therapy Association at a ceremony in Boston next year.

**THREE CHEERS for Megan Fredericks** who won two medals in swimming at the recent statewide Special Olympics—a gold for the 50-meter freestyle relay and an individual silver medal in the 50-meter freestyle event.

**IT WILL BEGIN TO SOUND LIKE CHRISTMAS.** Music Director **Sue Falbo** announced that rehearsals for the Christmas Cantata will begin Sun., Oct. 1, between worship services. A complete rehearsal schedule and details about the cantata will be in the October issue of *Saints Alive!*

**CALLING ALL SHEPHERDS.** **Jonathan Gray** and members of the Shepherd Committee will meet Sun., Sep. 17 between worship services to discuss activities for the next few months. Members interested in becoming Shepherds are welcome.

**Births: Sean Charles Nolting**, was born July 20 to **Amy and Jon Nolting; Tyler Damian Olson**, the son of **Brian and Jaime Olson** was born June 15.

**Baptism: Braden Dale Hauser**, the son of Erik and Danielle Hauser, was welcomed into the family of faith on Aug. 5.

**Weddings: Heather Peterson** was married to Juan Barajas on Aug. 5; **Robin Long** and Adam Cohen were married July 29.

There's still time to purchase tickets for the Habitat for Humanity of Northern Fox Valley's second "Dreambuilder's Soiree," Sept. 30 at the Victorian Palace on the Sanfilippo estate in Barrington Hills. Call 847-836-1432, or order online at [www.hfhfv.org/events](http://www.hfhfv.org/events).

### Flu clinic set for Oct. 22

Flu shots will be offered to members of All Saints as well as the public on Sun., Oct 22, from 9 am until 12:30 pm. Details, including the cost, will be announced in the October issue of *Saints Alive!* and the Sunday bulletin, said Parish Nurse, Bonnie Slaw. Arrangements have been made to accept Medicare assignment this year.



### Saints Alive!

A monthly newsletter published by All Saints Lutheran Church  
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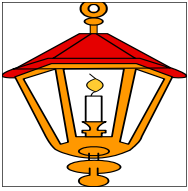
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Light from the pastor

## Remember the Sabbath day

It's September and once again the building will be buzzing with increased activities—Sunday School and Confirmation classes, scout groups, yoga and more all resume a regular schedule. Students and teachers are back to school and the weather will soon be a little bit cooler.

I'm tempted to ask, "Where did the summer go? Wasn't it just May?"

And yet a quick look at my calendar proves that fall is just around the corner.

Many of you have spoken about your busy summer. Any number of events and activities have taken place, most of them fun: ballgames and camp, weddings and vacation. Maybe you are looking forward to the return to routine, with kids back in school and a less nonchalant attitude prevalent. I, for one, am looking forward to the liveliness of All Saints this fall. It's energizing to have a full sanctuary for worship and to have people using the building.

Of course All Saints isn't the only place with a full calendar.

Sports and band and other school activities are gearing up in full swing, swamping the household schedule.

We don't talk much about the idea of Sabbath, though we should.

Occasionally it comes up in a reading on Sunday morning, but I would guess that few of us (myself included)

truly experience Sabbath. More than a day off to shop for groceries and change the oil, it is time to rest in the presence of God; Sabbath is renewal.

Why am I talking about Sabbath during what some might see as the busiest time of the year? Because it is when we are the busiest that we need it the most. We need to spend time learning about God and resting, truly resting.

It is my hope that worship at All Saints can be that Sabbath space for you—that you feel renewed and refreshed through your time here. Through your worship, may you be moved to create space in each of your days to spend time with God. For some of you it might be 15 minutes in the morning, for others an hour at night will work.

As your calendar fills with commitments and obligations, don't neglect your life of faith. Make time for you and your family to worship together.

Don't forget—the worship schedule returns to 8:30 am and 11 am on Sun., Sept. 10. Mark your calendars! See you Sunday!

Peace,  
Pastor Jenn

## Call Committee to interview three candidates this month

Three candidates for the position of Senior Pastor will be interviewed by the Call Committee this month.

The three were selected from a pool of six suggested by the Metropolitan Chicago Synod of the ELCA, said Lee Kingdon, chair of the committee. We reviewed 13-page personal profiles of the six potential candidates and asked three of them to come for personal interviews, she said.

Following the interviews the committee may visit churches where one or more of the candidates is now serving or request the synod provide additional candidates.

In addition to Lee, other members of the committee are: Katie Fedota, Linda Foltz, Jeff Fredericks, Karen Goodlow, Kellie Kinsella, Doug Kuhlman, John Lofgren, Lydia Rohn and Gary Volberding.

## Early Edition

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[www.AllSaintsPalatine.org](http://www.AllSaintsPalatine.org)

## Church picnic follows Rally Day Sept. 10

Burgers, hot dogs and a pot luck of casseroles, salads and desserts will be the main attraction for the annual church picnic, Sun., Sept. 10 following the 11 am worship service.

Gather at the Palatine Hills Park shelter on Palatine Hills Dr., (at the entrance to the golf course) of Northwest Highway.

There's sign-up poster in the welcome center.



## Comprehensive new ELCA hymnal released

(Continued from page 1)

church and contribute to a deeper sense of connection. It offers great flexibility for planning and enables assemblies in a wide variety of context to gather around the means of grace using a richly diverse yet common repertoire of prayer and song.

The new hymnal has 650 songs, of which 53 percent are from the *LBW*; 20 percent from *With One Voice*; 21 percent from *New Hymns and Songs* (Renewing Worship); and 6 percent from *Libro de Liturgia y Cantico* (a Spanish language resource for Lutheran worship), *This Far by Faith*, *Worship & Praise* and other sources.

In addition, there are 10 Holy Communion Settings: *LBW* settings One and Two; a contemporary setting

derived from various sources; a hymn-based setting; settings composed by Marty Haugen, Joel Martinson and a joint effort by Mark Mummert, Thomas Pavlechko and Robert Buckley Farlee; and one each from *Libro de Liturgia y Cantico* and *This Far by Faith*.

The new hymnal also includes *Luther's Small Catechism*, 150 Psalms (all pointed for singing), and liturgies for Lent and the Three Days.

*Evangelical Lutheran Worship* will be part of a family of worship resources that will continue to unfold around Evangelical Lutheran Worship and continue to serve and enrich the church year after year.—Reported by Sue Falbo and Jennifer Moland-Kovash.

## Habitat volunteers expect to finish soon, open house being planned to celebrate

Anticipation... Spring of Life volunteers (and our homeowner partner, Chris Meyer) aren't watching ketchup bottles, they're looking forward to completion of our current project at 829 Steel St., in Elgin—hopefully, this month.

Finishing the house will require the coordinated efforts of volunteers and contractors. We need to finish painting and install passage and closet doors as well as cabinets, vanities and counter-tops. The September task list also includes installing the appliances and flooring, window trim and base molding and window coverings, too. Installation of the toilets, sinks and carpeting will be contracted. Outside we'll need to plant shrubs and lay the sod and then put up a picket fence and a mail box.

All Saints is scheduled to provide workers twice this month, Sat., Sept 9 and Sept. 30. Work starts at 8 am and



most volunteers stay until late afternoon; Lunch is provided. Talk to Cindy Parkin, 847-842-1690, or Nancy Oakford, 847-303-5860, for more information about being a volunteer. Call the partnership's hotline, 847-326-7563, for current information about the project and what tools may be needed.

When the house is finished, the three-bedroom, two-story residence—designed by students at nearby Judson College and inspired by the Sears “kit homes” of the 1920s and '30s—will look as if it has been there for years.

It will complete a five-house block-build organized by Habitat for Humanity of Northern Fox Valley.

Every volunteer who has worked on this project is invited to an open house to celebrate its completion. “It will be an opportunity to meet others

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### Faith-sharing Witness

## *Why did this happen...I wanted someone to blame*

*(Continued from page 1)*

friend's Presbyterian dad.

About a year into our marriage we agreed we needed to start attending church regularly. We were considering starting a family and felt it was important to raise our own family in a church home where we felt comfortable. So we started coming back to All Saints. Troy was already a member; he was confirmed in this church. So I attended the membership classes and learned how to be Lutheran. We felt comfortable in our decisions and we were still talking about that family. But one thing was missing for me. I had never been baptized as a child. The Baptist church I attended did not baptize infants, they baptized you as a teen. Therefore, I missed that part of my religious education. So, on Palm Sunday 1999, I was baptized a member of All Saints. Finally, I really felt we were at a point where we could start our family. It was always important to me to raise a family in a Christian home, but I didn't think I could do that well if I wasn't fully included myself.

That summer I found out I was pregnant. We were beyond excited. Early on I could feel my belly starting to bulge and we finally told our family and friends. This would be the first grandchild for both sets of our parents and everyone could hardly wait.

About four days after we made our big announcement, at 11 ½ weeks, I miscarried our baby. It was one of the most heart wrenching experiences we have ever had to go through. I came home from the hospital blindsided by what had happened. I had been the perfect pregnant woman. I ate right. I took care of my body. I did everything right. So why did this happen to me? I wanted someone to blame. And not knowing where to turn, my only answer was to blame God.

A couple of weeks ago Jim Bergo talked about a turning point on his faith journey and I agree that most of us have just that—a turning point. And the loss of my first baby was my turning point on my journey. At first I was angry and disappointed with God for al-

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PADS opens Oct. 7

## Your help is wanted to care for homeless men, women

By Tom Germuska  
PADS Site Director

As I listened to the brouhaha about the “big box ordinance” in Chicago last month I was reminded of one reason we need PADS in the northwest suburbs. Billboards advertising new condos and townhouses underscore another.

Too many people don't earn a living wage, even if they have work. And affordable housing in many suburban communities is an oxymoron—a lot of DINK (double-income, no kids) couples are stretching to buy “entry level” homes.

There are hundreds of men and women who live in our communities who are not like us. Some are employed, often in low-skill, low-paid jobs or as day laborers; others eek by on inadequate pensions or disability payments.

Regardless of the reasons they are homeless, the gospel calls on us to care for them. *Truly I tell you, just as you did it to one of the least who are members of my family, you did it to me:* Matthew 25:40 (NRSV). I invite you to join me in caring for these brothers and sisters in need.

All Saints will open its doors again as a PADS shelter on Saturday nights beginning Oct. 7. Every Saturday for the following 30 weeks, until April 28, 2007,

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## *Help fill the PADS closet, pantry on Socks Sunday*

Help us stock the closet for PADS on “Socks Sunday,” Sept. 24 (and throughout the season) with donations of these items:

- Socks and underwear—men's and women's—in all sizes.
- Combs and hair brushes.
- Travel-size toiletries—deodorant, toothpaste, shaving cream (please no shampoo or conditioner)
- Zip-loc bags—both sandwich and one gallon sizes
- Salad dressing—18-24 oz. bottles of any non-refrigerated variety.



## Confirmation for 5 freshmen scheduled for Oct. 1

Five freshmen will be confirmed at the 11 am worship service Sun., Oct. 1. The confirmands who will affirm their Baptism and assume their roles and responsibilities as members of the All Saints' family of faith are:

Cody Adams, Emily Fisk, Josie Mata, Erik Shew and Christine Spasoff.

In preparation for their confirmation the students will attend a supper and planning session at 5:45 pm on Wed., Sept. 20; and a rehearsal at 6:15 pm on Wed. Sept. 27. Parents are asked to attend the rehearsal.

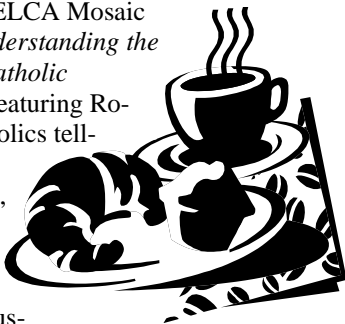
### Men's Breakfast

## Video-guided discussion will offer insights to Roman Catholic Church

Men's Breakfast meetings resume Sat., Sept. 16, at 8 am. Stan Shearer and Russ Peterson will cook that day.

An ELCA Mosaic video *Understanding the Roman Catholic Church*, featuring Roman Catholics telling their own story, will provide a context for a discussion moderated by Mike Nedzel.

Tickets are still bargain-priced at \$2—see Bill Friskics or Stan Shearer. Reported by Del Anderson.



## Orientation for new ushers and refresher for vets set for Sept. 17

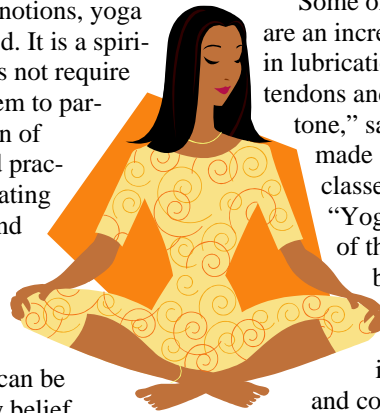
Members who would like to help usher at Sunday morning worship services are asked to attend an orientation meeting the sanctuary on Sun., Sept. 17 following the Sunday School opening session. Experienced ushers are welcome to attend, too. For additional information contact Dennis Kosko 847-934-4063, or Bob Schneider, 847-358-7684.

## Yoga integrates mind, body and spirit, weekly classes resume Sept. 19

Yoga, a system of exercises that help students control both their body and mind, also improves your breathing and focuses the alignment of your body, said Nickie Silk, R.Y.T., teacher for the weekly classes that resume at All Saints, Tues. Sept. 19. Cost is just \$5 per class.

Contrary to some notions, yoga is not a religion, she said. It is a spiritual practice which does not require any specific belief system to participate. It is a collection of spiritual techniques and practices all aimed at integrating mind, body and spirit and achieving a state of enlightenment or oneness with the universe. The philosophies of yoga are universal and can be incorporated within any belief system.

In our class at All Saints we focus on breath (pranayama), postures (asanas) (that can be modified to increase or decrease difficulty depending on your stage of life and needs) and meditation/relaxation (dhyana). These



Parish Nurse Bonnie Slaw's regular column will return next month. Members with health-related questions are invited to call her, at 847-519-0352.

practices do not replace medical care but they can assist in healing emotional and physical ailments, she added.

"Some of the 'side effects' of yoga are an increase in flexibility, increase in lubrication of joints, ligaments and tendons and an increase in muscle tone," said Diane Johnson, who made arrangements for the yoga classes which began last spring. "Yoga massages all the organs of the body which helps the body detoxify. Yoga can help decrease anxiety, depression and stress and increase mood, memory and concentration.

"I have found the yoga class very relaxing and I leave feeling calm and peaceful." Diane continued. "Our schedules are all so busy that it is easy to miss class, but I am always glad when I make the effort to attend class. Nickie is a very

(Continued on page 7)

### Faith-sharing

## He let me know that, somehow, I was going to be ok

(Continued from page 4)  
lowing this to happen to me. But somewhere along the way He let me know that, somehow, I was going to be ok. He also made me realize that everything does happen for a reason although most of the time the reason is unknown. Eventually I felt reassured that I wouldn't have been dealt with this situation if I couldn't have handled it.

So here I am today, mother of two beautiful children, Madisyn and Devin. And I think that the loss of my first baby allowed me to appreciate, that much more, the gift of life that God granted me to fully carry, twice. I can now, six years later, look back and say that I am a better mother for what I have been through and I know that it has made me a stronger Christian in the end.

So on Mother's Day, I want to leave you with a short prayer that ties

my faith and my family together for me. Although I didn't write it myself, I feel that it perfectly represents what I pray for each and every day.

*Oh Lord,*

*I need your help today.*

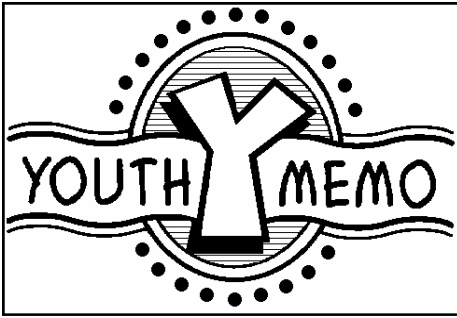
*I want to care  
for those you've sent into my life,  
to help them develop the special gifts  
you've given them.*

*But I also want to free them  
to follow their own paths  
and to bring their loving wisdom  
to the world.*

*Help me  
to embrace them without clutching,  
to support them without suffocating,  
to correct them without crushing.*

*And help me  
to live joyfully and playfully, myself,  
so they can see your life in me  
and find their way to you.*

*Amen.*



## Youth Group meetings resume Sept. 10, new members invited

Sunday morning Youth Group meetings, between worship services at 9:45 am, resume Sept. 10, and Youth Minister Kevin Kinsella urged mem-

bers to invite their friends to join the group.

“Youth Group is open to anyone in high school who wants to build their faith in a fun and friendly environment,” Kevin said.

“Do you know a high school student that needs a church home,” he asked. “Have them come and check out All Saints Youth Group.” Students who have grown up in the congregation are “automatically” included in the group, he added.

If you have any questions, call the Youth Ministers, Kevin or Linda Kinsella, 847-359-8380.

Kevin said the three most important dates on the Youth Group calendar are Sept. 10, 17 and 24. “Getting back in the habit of meeting together on Sunday morning is import, but it’s also when we’ll make plans for our weekend retreat, Oct. 8-9, at Lutherdale Bible Camp in Elkhorn, Wis.”

## “We had a blast!” Students describe their amazing ELCA Cruzando experience

Two Youth Group members who attended the triennial ELCA Youth Gathering, Cruzando, in July are in complete agreement that it was an extraordinary experience. One that others should enjoy if they have the opportunity.

In letters to the congregation Lauren Berggren and Laura Winkelmann expressed their gratitude for the scholarship assistance that enabled them to attend the week-long event in San Antonio, Texas. The young women traveled with a group of teens from Our Saviour’s Lutheran Church in Arlington Heights.

Laura was impressed by being part of a crowd of 25,000 teens illuminating the Alamodome with open cell phones and chanting, “We can learn to be friends.”

They later learned new words to the hit by the Village People, *YMCA*. “If you are wondering...it goes like this: It’s fun to be in the ELCA; It’s fun to be in the ELCA; You can show your true face in a welcoming place you can go in grace,” she said.

While mass meetings each night featured a variety of bands and entertainment, days included Bible study; visits to an Interaction Center which had a variety

of athletic, artistic and academic experiences as well as computers for checking all-important email; and typical tourist excursions including the city’s famous River Walk.

Before lights-out each evening, the group shared a “Final 15” which included a briefing on the next day’s activity and prayer.

Their recollections of Cruzando, a Spanish word meaning crossing, will be enhanced by collections of pins, ribbons and necklaces they received from many new friends in exchange for bracelets from the northwest suburbs of Chicago.

### Sept. 10

## *Workshops at Lutheran college fair help answer ques-*

Workshops on “How to Plan for College” and financial aid, will precede the Lutheran College Fair, Sept. 10 at the Marriott Chicago-O’Hare hotel.

Admissions officers and financial aid counselors from dozens of dozens of members of the Lutheran Educational Conference of North America will participate in the fair.



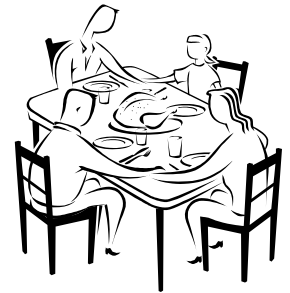
Workshops begin at 2 pm followed by the college fair starting at 3 pm. The reception and hors d’oeuvres concludes at 4:30 pm.

More information is available online at [www.lutherancolleges.org](http://www.lutherancolleges.org).

### Sept. 6

## *Supper, orientation mark the start of Confirmation preparation*

A supper for all confirmation students will precede a parent-student orientation on Sept. 6. Supper for Sixth, Seventh and Eighth Grade students will be at 5:45 pm; the orientation with parents begins at 6:30 pm in Heedum Hall. Acolyte and usher training will follow the parent-student orientation.



## Habitat house nearing completion

*(Continued from page 4)*

who have helped build the house and show family members and friends what we’ve been doing on Saturdays for the past nine months,” said Project Director Roger Matson. Watch for announcements of the date and time for both the open house and the House Blessing, when we officially turn over the house to Chris and her family.

## **Early Edition**

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[www.AllSaintsPalatine.org](http://www.AllSaintsPalatine.org).

## September “snapshot” of events at All Saints

- 1 3:45 pm Brownies; 7:30 pm GIFT Prayer Group; 8 pm Spring Well  
2 **5 pm Worship**—(Last Saturday Service for this year)  
3 **8:30 & 10 am Worship, “Now the Feast”**; 2 pm Spring Well; 6:30 pm Al Anon  
4 Labor Day Holiday (office closed)  
5 First Day Preschool; Confirmation, 6:30 pm Officers Meeting; 7:30 pm Social Ministry Committee, A. A.  
6 5:45 pm Confirmation Student Supper and Orientation;  
7 4:15 pm Alleluia Choir; 5 pm Ring & Sing Choir; 6:15 pm Ministry Endowment Fund Committee, Adult Handbell Choir; 6:45 pm Cub Scout Den; 7:30 pm Adult Vocal Choir  
8 7 pm Tiger Scouts; 8 pm Spring Well  
9  
10 **Rally Day and Picnic, World Hunger Sunday, 8:30 & 11 am Worship, (LBW); 9:45 am Sunday School, Confirmation, Youth Group, Adult Forum; Noon Picnic;** 2 pm Spring Well; 6:30 pm Al Anon  
11 7 pm Boy Scouts; 7:00 pm Stephen Ministry, 7:30 pm Support Committee  
12 7:15 pm Church Council; 7:30 pm AA, Boy Scout Committee  
13 3:15 pm Girl Scouts; 6:30 pm Rosebud Club; 7 pm Holden Evening Prayer  
14 3:15 pm Cub Scout Den 6; 4:15 pm Alleluia Choir; 5 pm Ring & Sing Choir; 6:15 pm Adult Handbell Choir; 7 PADS Training; 7:30 pm Adult Vocal Choir  
15 3:45 pm Brownies’ 8 pm Spring Well  
16 8 am Men’s Breakfast  
17 **8:30 & 11 am Worship, “Now the Feast”**; **9:45 am Sunday School, Confirmation, Youth Group, Adult Forum**; 10 am Usher orientation; 12:30 pm Thrivent Chapter Meeting; 2 pm Spring Well; 4 pm Loving Hands Kick-off; 5 pm Northwest Travelers baseball group; 6:30 pm Al Anon  
18 4 pm Girl Scout Troop; 6 pm Brownie Troop; 7 pm Boy Scouts, Chapter One Book Club  
19 7:30 pm AA  
20 9:30 am Quilting; 5:45 pm 9<sup>th</sup> Grade Confirmation Supper & Planning Session  
21 9 am Inverness Garden Club; 4:15 pm Alleluia Choir; 5 pm Ring & Sing Choir; 6:15 pm Adult Handbell Choir; 6:45 pm Cub Scout Den; 7:30 pm Adult Vocal Choir  
22 8 pm Spring Well  
23 9 am AA District 21 Meeting  
24 **8:30 & 11 am Worship, “LBW”, “Socks Sunday”**; **9:45 am Sunday School, Confirmation, Youth Group, Adult Forum**; 2 pm Spring Well; 6:30 pm Al Anon  
25 7 pm Boy Scouts, Stephen Ministry  
26 7/7:30 pm Committees Night; 7:30 pm AA  
27 3:15 pm Girl Scouts; 6:15 pm 9<sup>th</sup> Grade Confirmation Rehearsal  
28 11:30 am Later Day Saints; 3:15 pm Cub Scout Den 6; 4:15 pm Alleluia Choir; 5 pm Ring & Sing Choir; 6:15 pm Adult Handbell Choir; 7 pm Tiger Scouts; 7:30 pm Adult Vocal Choir  
29 8 pm Spring Well  
30

## Adult Forum begins season by exploring *Four Acts of Prayer*

Adult Forum resumes meeting between Sunday morning worship services on Sept. 10 with the first in a four-part series on prayer. Discussions on Sept. 10, 17, 24 and Oct. 1, will be guided by portions of the video *The Four Acts of Prayer*, featuring Walter Wangerin, Jr.

Wangerin, an award-winning author and former host of the ELCA radio ministry *Grace Matters*, presents a framework for praying that infuses prayer with a rhythm while maintaining its personal nature. He teaches that prayer is more than communication; it is a conversation between God and each one of us. A conversation comprised of these four acts: we speak, God listens, God speaks, we listen.

## Yoga classes resume Sept. 19

(Continued from page 5)

gifted teacher and the class is always worthwhile.”

Ms. Silk has worked in the fitness industry for more than 18 years and has been teaching yoga since 1998. Initially certified through the temple of Kriya Yoga, she has subsequently studied with several other masters. “I consider my style of yoga pure. I am a lifelong student of yoga, of life; and I consider my position as teacher and guide a blessed one.”

## PADS opens Oct. 7—Will you help care for our homeless guests?

(Continued from page 4)

we will offer nutritious food and a warm, dry, secure place to spend the night to 10-20 men and women (and occasionally children) who come to us in need. We’re one of 18 churches in the northwest suburbs that comprise the emergency shelter network of Journeys from PADS to HOPE, a social service agency assisting homeless persons and those at risk to become homeless in our communities.

To meet the very basic human needs of food and shelter for the guests we care for each Saturday night requires the volunteer efforts of nearly two dozen volunteers. Some work face-to-face with

our guests on three shifts, a handful clean up on Sunday morning so we can hold Sunday School, and others prepare or purchase food.

No special skills are required to be a PADS volunteer—a friendly smile and caring attitude are the most important qualifications—although the minimum age for working directly with guests is a high school junior. Younger students can help by cooking or shopping.

Cooking for PADS and having the same meal at home has become a meaningful spiritual experience for several families. Another opportunity

for younger volunteers is being a laundry steward—unpacking and storing bed and bath linens when they come back from the laundry each week..

If you want more information about how you can help, call me (847-934-1984) or attend a PADS Volunteer training session. We’ll have training at All Saints on Thurs., Sept. 14; Wed., Oct. 4; and Wed., Nov 1, and next year on Thurs, Jan. 11, 2007. Each session starts at 7 pm and lasts no more than two hours. Journeys will offer training at more than 30 different locations between now and yearend. A complete list is on the narthex table.



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## inside *Saints Alive!* for September 2006...

**Rally Day, the kick-off for the resumption of Sunday School, and the annual church picnic are both planned for Sun., Sept. 10. Learn more on page 1 & 3**

**ELCA churches throughout North America, including All Saints, will begin using in new hymnal next month, the first in nearly 30 years. An article describing the development of *Evangelical Lutheran Worship* and how to purchase copies starts on page 1**

### Worship schedule returns to "normal" Sun., Sept. 10

Sunday morning worship services will be at 8:30 am and 11 am beginning Sept. 10; the Christian Education hour, including Sunday School, Confirmation classes and Adult Forum is at 9:45 am.



**"Isn't Mothers' Day supposed to be stress-free for me?" Jen DeFranco asked as she began her faith-sharing witness. The last in our series begins on page 1**

**Another PADS season begins in October. Find out more about the need for our ministry to the homeless and how you can help beginning on page 4**

**A four-part series on prayer begins Sept. 10, when Adult Forum discussions resume between Sunday morning worship services. Details on page 7**

**Snapshot of September events page 7**